

Rules for Students Participating in AHS Speech Competition

1. You are representing Arapahoe High School at every tournament. Your behavior and dress reflects our school. For this reason we ask:

A. ***Dress in your best.*** Boys: Full suits or blazer and slacks with *subtle* tie.
Girls: Suits, dresses. No short skirts. Wear stockings, please! And wear limited jewelry. (No tongue studs) Remember, if jewelry or clothing calls attention to itself, your audience is watching it, not you.

B. ***Keep cool during competition.*** Be polite to everyone in your panel or round of debate. Unless cross-entered in another event, *stay* until the end of the round. When looking at postings, be careful not to over-react to your results or anyone else's. (No rejoicing in private, and no sour grapes.)

C. ***Support your fellow Squad members.*** If you are not competing during a round, use the time to watch someone else, particularly during out-rounds. If competing on Saturday, plan to stay through the awards assembly even if you are not in the finals. ***We ask those in individual events to support debaters in out rounds and that debaters support individual events people as well.***

2. For out of town tournaments, we require certain additional behavior.

A. Wear a watch and be time conscious. *Be on time.* Don't make people wait.

B. *Check in with the adult* who is your chauffeur and one of your coaches if you leave the tournament in another vehicle.

C. It is imperative that you get rest on the nights before you compete. We have a 12:00 a.m. curfew and rooms will be checked. *Be mindful of your own need to sleep as well as that of your roommates.*

3. The rules in the ***AHS Student Planner*** apply to all school-sponsored trips. Competitors are subject to them at all speech events.

There will be NO SMOKING while attending speech tournaments. Smoking harms voice and body. If you smoke, quit. If you can't, join another club.

People who ignore these requirements will not be invited to participate.