

ARAPAHOE DRUMBEAT



February 2010

Dear Parents,

The “new” semester had begun sadly with students, staff and our community grieving for the loss of two of our students. Jasmine Mariz and Victoria Wren, died unexpectedly during winter break. Our teenagers sincerely care about one another, and for many it was their first experience dealing with death. The outpouring of love, support, empathy and understanding has helped the healing process, but as we know the loss will never be forgotten.

Thank you for your generosity and kindness during this time of grief. Our PTO brought hundreds of cookies to school for students, and many of you reached out to support everyone at AHS. I am also very proud of the Arapahoe Staff who grieved with the students, offering support, care and compassion. The healing process has been nurtured, not rushed and it was helpful to everyone. Thank you for your respect of privacy for the families who suffered their terrible loss and reaching out throughout our community into our high school to assist and support.

IMPORTANT DATES

For many of our seniors the remaining days are too numerous. Several priority dates you may want to know are **Prom**, Saturday, May 8; **Seniors’ Last Day**, Friday, May 14; **Graduation Day**, May 20 and **Final School Day**, May 21. Parents of seniors may want the calendar to slow down, while others agree with the seniors. But, the majority of our students are underclassman students and believe it is too soon to “count down” triple digit school days. We certainly enjoy having your sons and daughters at AHS.

Tremendous opportunity currently exists for our students as we begin a “fresh, new semester”. A new beginning for every student. For those students who seem to excel at everything the new semester offers more targets of success, but for nearly every other student academic grades could (and in some cases should) improve. We want a strong second semester for every student, and we do not accept ‘Senioritis’ as an excuse. There still is time available for achievement.

College admissions officers value evidence of student academic improvement. Opportunities for student achievements in the classroom are often disguised as hard work requiring persistence and self-discipline.

TEENS AND TECHNOLOGY—SOCIAL NETWORKING

We deal with technology every day at Arapahoe, and the CELL PHONE has created new challenges and opportunities for educators, but some technology available to students can be problematic. The following article was written by **Mike Porter** and **Nate Thompson**, two LPS District educators and may provide you with some additional information regarding your “teenager and technology”.

TEENS AND TECHNOLOGY—SOCIAL NETWORKING

By **Mike Porter, Assistant Director of Instructional Technology and Nate Thompson, Coordinator of Student Support Services**

Having trouble keeping up with your teen's online social life? You are not alone. Cell phones and social networking websites offer a whole new medium for teens to connect, socialize and communicate. With these great new tools also come challenges that require regular parent communication and monitoring. Technology increases the blazing speed of teen communication to the point of "live play-by-play" updates from their entire network of friends. While sitting in math class, your son can get a text on his phone telling him to check out the post on Facebook by his ex-girlfriend who just deleted him from her friends list. Rumors and juicy gossip travel to the masses with the click of a button. Teens are already balancing many developmental and social challenges of adolescence, and technology can certainly intensify these daily physical, emotional and psychological demands. Electronic communication will never be a replacement for the basic interpersonal communication skills every teen needs to develop and adolescents with "in-the-moment" thinking can also forget the larger lasting impact of a text, email or web posting that seems harmless at the time.

The following discussion starters are a great way to begin a family conversation about the healthy use of technology.

SCREEN TIME

- How much time should your teen be in front of a screen/texting?
- What is the balance of screen time for academic, socializing and entertainment reasons?
- What time of day are they online? Are they allowed to use their phone for internet access at school? Are students clear on the school's cell phone policy?
- Do they have their phone/laptop in bed when they should be sleeping?
- How often do they get an uninterrupted break from their phone and computer?

PRIVACY VS. OVERSIGHT

- Do you have access to your teen's online profiles? Do you have their account information, including passwords?
- Have you set up an account and become linked as a "friend" who can see their page?
- Is their texting private? What are the boundaries of texting and messaging?
- Where is your teen using technology?
- How private is their access to communications?
- What signs would indicate that more parental monitoring is needed?

DIGITAL FOOTPRINTS

- Have you discussed the permanence of online communications, posts and pictures, and is it clear to your teen that "deleted" does not mean "gone"?
- Does your teen know that colleges and employers might view their online profiles?
- What expectations do you have for the nature of your teen's pictures, posts and profiles?

SAFETY

- Does your teen's phone have internet access?
(It is important to remember that LPS provides filters for all district internet access, but personal cell phones are able to access the internet through a cellular provider with no filters.)
- Have you discussed the dangers of sharing personal information online?
- What would your teen do if he/she felt bullied or intimidated via technology?
- Do you expect to personally meet any friends your teen has met online?
- Have you had the discussion about the dangers and legal ramifications of sending sexual texts or pictures?

LPS POLICY

Current LPS policy stipulates that cell phones are only used outside of the classroom, and should not be disruptive to the school community. Also, social networking sites such as MySpace, Facebook and chat rooms are blocked by the internet content filter.

**ADDITIONAL RESOURCES
(TEENS AND TECHNOLOGY—SOCIAL NETWORKING)**

Contact your student's school counselor or psychologist for additional support regarding the social aspects of teens and technology. In addition, see these quality websites for more information:

- www.theantidrug.com
- www.pewinternet.org
- <http://tinyurl.com/LPS-Safe>

“There has been an alarming increase in the number of things you know nothing about!”

-Will Rogers

Humorist, Historian, Author

Ron Booth
Principal

REMINDER TO PARENTS

PLC WEDNESDAYS

February 3

February 24

April 7

May 5

Late start for students—classes begin at 9:21 a.m.

Professional Learning Communities (PLC) are progressing exceptionally well at Arapahoe as our teachers use this allocated time professionally, collaboratively and in the best interest of student learning.

Thanks for your continued support!

***ARAPAHOE SCHOOL
ACCOUNTABILITY COMMITTEE (SAC)***

Arapahoe's School Accountability meetings are held on a Thursday each month in Room E3 from 4:00-6:00 p.m. and are open to Arapahoe parents and the community. The next meeting will be held on Thursday, February 18.

Meetings for the remainder of 2009-2010

February 18

March 18

April 15

May 13

**Any questions, please call
Assistant Principal Mary Gottlieb
303-347-6013.**

ALIVE AT 25 CLASS OFFERED AT ARAPAHOE

Saturday, February 20—8:00 a.m.-12:30 p.m.

Alive at 25: Saving Lives Through Education

The #1 killer of teens is automobile crashes.

Register for the most important 4 1/2 hours of your young driver's life.

Arapahoe High School will be offering an *Alive at 25* class to any AHS student.

The class is taught by Arapahoe County Deputies and is **free of charge**.

The class will be offered at Arapahoe High School on February 20 from 8:00 a.m.-12:30 p.m.

For more information or to Register for the *Alive at 25* class go to www.aliveat25.us.

IMPORTANT **CSAP** INFORMATION

COLORADO STUDENT ASSESSMENT PROGRAM

- CSAP tests will be administered **March 8-11** at Arapahoe.
- CSAP is required of all 9th and 10th grade students by the State of Colorado.
- Your student is expected to be in attendance. Please avoid scheduling appointments during these testing days.
- Each student must bring a **book** to read each day after testing and a **calculator** on Thursday.
- Our students' performance on this assessment, determines the rating Arapahoe receives from the state. This rating is reflected in the state **School Accountability Report** and in our school profile provided for entrance into colleges and universities.
- 9th and 10th graders will have a regularly scheduled day on Monday, March 8 beginning at 7:21 a.m. **Buses will run a normal schedule.** Since 9th graders will not begin their testing on March 9, 10, 11 until 8:36 a.m., they may ride the normal morning bus or provide their own transportation and arrive by 8:20 a.m. on these days.
- 11th and 12th graders will have a late start on CSAP days – March 8-11. They should arrive at school no earlier than 11:15 a.m. and should eat lunch prior to arriving. Buses will run a late pick up schedule for these students, four hours later.
- There will be shortened classes for **ALL** students from 11:34 a.m.–2:16 p.m. each day.

March 8		March 9, 10, 11	
7:21-10:56	Testing for 9th & 10th Graders	7:21-8:31	Testing for 10 th Graders Only
10:56-11:29	Lunch	8:15 a.m.	9th Graders Arrive for testing
11:34-12:24	Class*	8:36-10:56	Testing for 9 th * & 10 th Graders
12:29-1:19	Class*	10:56-11:29	Lunch
1:24-2:16	Class*	11:34-12:24	Class*
		12:29-1:19	Class*
		1:24-2:16	Class*

*These will be Monday & Tuesday Classes
Revised Schedule 1/07/10

Please encourage and expect your student to do their best!

If you have any questions, please feel free to contact us at 303-347-6095

PARENT/TEACHER CONFERENCES

Solid, two-way communication between Arapahoe High School and your home is absolutely essential. This is a common value of ours – one for which we are known and at which we excel. It makes sense! You send us your most valued possession, your son/daughter; we work for you. Your academic and behavioral expectations are the same as ours, **SO**. . .we hope every AHS parent will attend:

**ARAPAHOE HIGH SCHOOL
THURSDAY, MARCH 4
4:00 – 8:00 p.m.
AHS Gymnasiums**

Yes, the Arapahoe Faculty will be available this evening, Thursday, March 4, **for you** to have “one on one” conversation about an individual both you and the teacher mutually deal with every day, **YOUR SON/DAUGHTER**.

**FOR EVERYONE’S CONVENIENCE, WE ARE ASKING FOR PARENTS
TO MAKE EVERY EFFORT TO MEET WITH TEACHERS AS FOLLOWS:**

**Students with last names starting with
A-M between 4:00 and 6:00 p.m.
N-Z between 6:00 and 8:00 p.m.**

Just show up. . .no appointment necessary. . .the earlier the better. . .first come, first served. All Arapahoe teachers, counselors and administrators will be here for you. This is **not** “Back to School Night.” It’s a time for a 5 minute individual conversation with each of your son/daughter’s teachers.

**PLEASE ATTEND! – IT’S IMPORTANT!
Any questions, please call 303-347-6000**



ATTENTION SENIOR PARENTS! “Senior Collage”

**It is a tradition at AHS to have a
Senior Picture Gallery
at After-Prom in May.**

As parents of the Class of 2010, we get to create and display photo collages of our graduates. Although the final design and theme of the Senior Collage Hallway is not determined, **now is the time to start gathering photos of your senior to be used in his/her collage.**

**Watch for detailed instructions in upcoming issues of
the AHS Drumbeat. Meanwhile, search high and low
for photos of your senior!**



PERFORMING ARTS DEPARTMENT STUDENTS OF THE MONTH

The Performing Arts Department would like to recognize and thank the following outstanding students who were named Students of the Month for December 2009 and January 2010

	DECEMBER	JANUARY
Vocal Music	Richard Camp	Julia Adelstein
Instrumental	Phoebe Flynn	Emily Haller
Theatre	Natalie Jones	Tina Lynch

Again, thank you for sharing your talent, energy, and time

CLASS OF 2014 FRESHMAN SHOWCASE EVENING Monday, March 1

The incoming Freshman Class of 2014 and their parents are invited to attend the **Freshman Showcase Evening—Monday, March 1—AHS Gymnasium at 7:00 p.m.**

Information regarding academic, athletic, and activity programs available at Arapahoe will be shared.
The evening is a great introduction to life at AHS.

GUIDANCE CENTER GUIDELINES

SCHOLARSHIP INFORMATION

Numerous Scholarships applications are received at Arapahoe every week. Scholarships are logged in to the Scholarship List on Naviance and can be accessed via your Naviance Family Connection account at home as well as at school. Seniors who are seeking scholarships or financial aid should contact Mrs. Lewallen in the Post Graduate Center. Mrs. Lewallen will attempt to assist students who are seeking financial aid of any kind; however, financial aid, which includes scholarships, is granted by colleges or scholarship agencies, not the Post Graduate Center. An excellent source of scholarship information for Colorado schools is the Handbook on Colorado Collegiate Institutions, available in the Guidance Center for \$10.00.

SENIOR INFORMATION FINANCIAL AID

Financial aid information is available in the Post Grad Center. All students applying for financial aid MUST complete the FAFSA.* In addition, some colleges may also require the Profile which is completed on line. A brochure explaining the Profile can be obtained by request in the Post Grad Center. Check with individual college financial aid offices to find out if the Profile is required. Questions regarding FAFSA may be directed to 1-800-4FED AID (1-800-433-3243) or to individual colleges. For additional, detailed information about the FAFSA, please refer to this month's "News from the Post Grad Center." *Free Application for Federal Student Aid.

AWARDS CONVOCATION!

Parents—Please help us honor your student at the Awards Convocation on May 17. Typically, the Guidance Center is **not officially notified** of any scholarships or awards your student may receive from organizations or post high school institutions. PLEASE notify the Guidance Center of important news regarding your son or daughter with a copy of the award correspondence.

GRADUATION REQUIREMENTS

Seniors—Check graduation requirements for final semester. Make an appointment with your counselor if you have any questions. Remember that all college acceptances are contingent upon successful completion of high school credits.

JUNIOR INFORMATION

*The Colorado State ACT test **required** for all Juniors is Wednesday, April 28, 2010. More details will follow.*

Counselors will be visiting Western Civilization classes to discuss the college application process. An informational packet will be distributed, including a Timeline for College Planning, college entrance test information, academic preparation for college, U.S. service academies and ROTC information. Juniors are requested to schedule an appointment with their counselor during second semester.

Juniors not enrolled in a Western Civilization class should arrange to sit in on a Western Civilization Class for this presentation. Parents are urged to review this information and to contact their student's counselor regarding questions. Juniors may take their college entrance tests beginning with the April 2010 test dates. However, later spring testing dates are preferable because more of the tested material will be covered in classes.

WE STRONGLY ENCOURAGE TAKING THE ACT AND/OR SAT IN THE SPRING OF THE JUNIOR YEAR. OFTEN STUDENTS FIND IT DIFFICULT TO SCHEDULE COLLEGE ENTRANCE TESTS DURING THE FALL SEMESTER. CALL YOUR STUDENT'S COUNSELOR IF YOU OR YOUR STUDENT HAVE ANY QUESTIONS.

ACT - www.act.org	
Test Date	Postmark Deadline
April 10, 2010	March 5, 2010
June 12, 2010	May 7, 2010
September 11, 2010	TBD
October 23, 2010	TBD
December 11, 2010	TBD
SAT Reasoning/Subject Test - www.collegeboard.com	
Test Date	Postmark Deadline
March 13, 2010	February 4, 2010
May 1, 2010	March 25, 2010
June 5, 2010	April 29, 2010

ACT/SAT TEST PREPARATION SEMINARS

Will be held at Arapahoe High School, on the following dates:

- SAT TEST PREP** – Saturday, February 27, 2010
8:30 a.m.—3:00 p.m.
- ACT TEST PREP** - Monday, March 8, 2010 &
Tuesday, March 9, 2010
3:00—5:30 or 6:30—9:00 p.m.

Juniors received information in the mail regarding these seminars in January.

SOPHOMORE AND FRESHMAN INFORMATION

Second semester is a good time to take interest inventories and to utilize career exploration programs. Students should make an appointment with their counselor to discuss these activities as well as their academic program. Sophomores will be scheduled for a one on one appointment in the Post Graduate Center during Spring Semester. More information to follow.

CCHE MATH REQUIREMENT

Due to the new Colorado Commission on High Education college admission requirements for the class of 2011, students who failed Algebra I first semester will have an opportunity to retake the class at AHS in the spring. These students should then take Algebra I second semester in summer school if they wish to be eligible for Geometry next year. Please contact your student's counselor for more information.

COLLEGE CLASSES

Current AHS Sophomores and Juniors may wish to consider taking college courses in the fall of next year. Through the PSEO program, tuition for these classes may be reimbursable through the school district. Interested students must attend a lunchtime meeting on February 9 in the Arapahoe Forum. See your counselor for more information.

**ARAPAHOE HIGH SCHOOL
HONOR ROLL
4.0 G.P.A. OR HIGHER**

Arapahoe High School is proud to announce that the following students received a 4.0 G.P.A. or higher during first semester, 2009-2010. The Honor Roll is posted in the Cafeteria and also includes the names of those students who received a 3.0 to 3.99 G.P.A. **Congratulations!**

SENIORS

Alexandra Abt
Emily Adams
Sweta Adhikary
Luke Allen
Alison Bailey
Kari Baker
Kayla Balciar
Adam Barsch
Rachel Beckmann
Destiny Bell
Emma Brainerd
Julia Brennan
Laura Brennan
Garry Brown
Sean Bull
Shelby Burton
Meghan Callahan
Richard Camp
Jordan Card
Haley Carroll
Kayla Cederstrom
Sarah Cheney
Lane Childers
Timothy Chilton
Kelly Churchill
Sarah Churchill
Lauren Ciancio
Averill Corkin
Stephanie Curtis
McKenna Dalrymple
Michelle Dansereau
Matthew Darling
Alexander Davis
Lyndsey Davis
Anna Dreiling
William Ducey
Sarah Egan
Endsley Eggert
Daniel Eigner
Kyle England
Annika Erickson-Pearson
Kayla Fasold
Laura Feehs
Zachary Ferguson
Chad Fesler
Rachel Filter
Matthew Fitzgerald

Kristen Flannery
Amy Foster
Tiffany Frieson
Madaline Gannon
Elizabeth Geise
Andrew Gibbs
Laine Greaves-Smith
Brian Guymon
Joanne Haas
Emily Haller
Elyse Handley
Eva Hanlon
Davis Haug
Shannon Hea
Laura Hennings
Joshua Ho
Benjamin Horblit
Danielle Howe
Erin Huck
Chelsea Humbach
Natalie Jones
Anthony Junta
Kaley Kanski
Sarah Kent
Eun Kim
Ashley King
Peter Kline
Benjamin Knopf
Joseph Kocur
Rachel Krantz
Anthony Krumholz
Maria Krump
Irene Lahana
Kayla Lammey
Blair Larson
Rachel Larson
Tana LeCavalier
Erin Lewin
Caitlin Lewis
Phillip Lorenzo
Emily Lutz
Tina Lynch
Henry Madsen
Alexander Manning
Sara Markisohn
Tanya Marvi
Zachary Mayo

Katelyn McClymonds
Lara McDougald
Emily Miller
Mackenzie Monnet
John Moore
Sarah Moore
Molly Mullervy
Madison Munn
Traci Muth
Tessa Neal
Keri Neujahr
Paige Newell
Megan O'Donnell
Katherine Orlandini
Megan Perron
Michelle Phair
Maureen Phenix
Rachel Phillips
Lauren Pickett
Whitney Pierson
Kaelin Pilkington
Martha Powers
Melissa Query
Katie Raffaghello
Sarah Ray
Brett Reeder
Thomas Roberts
Lacy Rogers
Spencer Rogl
Matthew Sabey
Hannah Sabo
Christa Schaller
Kent Schnacke
Emily Seccombe
Jordan Siebold
Danielle Simon
Devon Smith
Dylan Smith
Kyle Stachowiak
Hannah Staller
Lisa Stippich
Alexandra Stone
Phillip Strom
Kathryn Tetley
Adam Tormoehlen
Chelsea VanEssen
Maren Welker

Jessica Wener
Ryan Werner
Alyse White
Courtney Williams
Sarah Wilson
Danielle Winkelman
Kevin Yeoman
Kylie Youmans

JUNIORS

Matthew Arnold
Tyler Balli
Liana Biondolilo
John Bohenic
Nicholas Broady
Alexandra Brown
Cameron Brown
Saxony Busta
Elisabeth Carlson
Catherine Cole
Austin Daniels
Francesca Daymil
Eric Dement
Jose Dempere
Sabrina Dermody
Molly DeVoss
Sean Dolfinger
Rileigh Elliott
Madison Flatt
Alexis Fons
Matthew Friedrich
Corbin Fromm
Amber Goldsmith
Jasmine Griffin
Rebecca Gutknecht
Madison Hare
April Harrell
Emily Haskins
Zachary Herzog
Deborah Hill
Parker Hoggan
Nicole Kelm
Olivia Kilbarger
Preston Kosiara
Anna Kutateladze
Dennis Kutateladze

**ARAPAHOE HIGH SCHOOL
HONOR ROLL
4.0 G.P.A. OR HIGHER (cont.)**

JUNIORS (cont.)

Kelsie Lambeth
Brennan Lanphear
Riley Lantz
Kelsey Leas
Hannah Leffingwell
Leslie Logan
Lisa Lukasiewicz
Serena Lundgren
MacKenzie Marlowe
Katharine Marsteller
Amanda McHugh
Cherith McKoy
Michelle McNeil
Mary McPherson
Nicole Michael
Maddison Miller
Alek Montgomery
Javon Moore
Alexander Morrall
Matthew Nadel
Jessica Neuman
Lotta Nurminen
Clara O'Connor
Olivia Onofrio
Stefania Onofrio
Helen Packer
Caleb Petersen
Natasha Pfeiffer
Hillary Redmond
Andrew Ronald
Rachel Schillinger
Joseph Selzer
Whitney Semin
Rachel Severson
Molly Shaheen
Caryn Shebowich
Jeffrey Snively
Jacquelyn Spaulding
Chelsea Starr
Anne Marte Stovner
Morgan Turley
Connor Venrick
Morgan Wade
Amy Wagner
Kira Wright
Ian Wyman
Christopher Youngblade
Luca Zafferani
Kelly Zapapas
Melissa Zyzda

SOPHOMORES

Allison Adkins
Aaron Avery
Olivia Batcheller
Benjamin Bongers
David Bowles
Melissa Chang
Corrine Cornell
John Cox
Jordyn Davis
Amanda Engel
Garrett Eppers
Maxwell Eshleman
Aaron Fiorini
Leah Froehle
Meghan Gahm
Joseph Hamilton
Anna Hatstat
Jake Herman
Paul Highum
Bethany Ho
Kacie Ireland
Alexander Janoso
Jenica Jones
Austin Kearby
Emily Kelley
Mary Kerby
Alexander Knippenberg
Elaine Kwan
Kathryn Lahana
Zachary Leins
Bridget Louis
Brooke Lutsch
Benjamin McEntire
Mary Meyer
Mary Meyers
Allison Moore
John Moore
Sarah Moore
Nicholas Muetterties
Michael Nelson
Sarah Nies
Emerald O'Brien
Laura Olson
Brenna Palazzo
Marie Piccone
Jordan Pontillo
Anish Punjabi
Emily Reed
Sydney Ritter
AnnaSophia Robb

Kirby Schwein
Michelle Scott
Kylee Sexton
Ashley Shewmake
Nicole Sidor
Julie Starr
Paige Stingley
Renee Timmons
Devon Tugman
Gabriel Verges
Audrey Welsh
Kelsey Welter
Kailyn Witonsky

FRESHMEN

Katelyn Albyn
William Albyn
Melanie Archipley
Ellen Bailey
Melissa Barella
Kristina Bartz
Nicole Berich
John Brock
Nicole Bruhn
Georgia Burns
Hayden Clarke
Rachel Conn
Brandon Contino
Jeffrey Craig
David Engel
Ruth Gertz
Elizabeth Gibbs
Timothy Gouin
Hayley Hawkins
Zachary Haynes
Kyle Hentschel
Ethan Horvath
Britni Janoso
Michelle Jewett
Nicole Jewett
Shannon Jones
Sandra Kalavity
Jonathan Kellogg
Jeremy Kemp
Erin Kenna
Molly Kimbley
Emily Kline
Charles Lautenbach
Jason LeJeune
Kylie LeMay

Lauren Lipski
Zachary Lodge
David Lucas
Stacey Lukasiewicz
Meredith Lutz
Brianna Mahoney
Emily Mayo
Shannon McNulty
Melissa Merkel
James Michael
Savanah Nelson
Eric Packer
Taryn Phipps
Evan Powell
Tait Priser
Jeffrey Rasmussen
Aaron Rietveld
Lindsey Ryan
Mikaela Schmidt
Derek Severson
Katherine Shortall
Taven Sparks
Sarah Stephani
Alexa Thomas
Casey Wagenaar
Katherine Walker
Bailey Winter
Jonathan Witchard
Kathryn Wybenga

STUDENT COUNCIL NEWS

MEETINGS

All Arapahoe students are invited to Student Council meetings every Tuesday morning at 6:45 a.m. in the AHS Forum.

PHILANTHROPY

After years of successful work with the Make-A-Wish Foundation, Student Council will expand its charitable reach this year in the spirit of our commitment to philanthropy and to our school's mission statement, which honors contribution to both our local and global communities.

At the end of first semester, each class presented information about two charities of its choosing and the council voted on the groups to which they wanted to contribute their charitable efforts. The students chose to work with **St. Jude's Hospital** and the **Dalit Freedom Network**. In the spirit of the Arapahoe mission, we will also donate a portion of the community's contributions to the **Arapaho** whose relationship to our school and community is invaluable.

We look forward to seeing parents, students and friends at our two annual fundraising events listed below.

Arapahoe Singers and University of Colorado Buffoons Concert
Monday, March 29
Theater
7:00 p.m.

Seniors vs. AHS Staff Basketball Game
Thursday, April 1
Main Gym
7:00 p.m.

CONGRATULATIONS to Arapahoe Students

selected to the
**2010 COLORADO
ALL STATE CHOIR**



Richard Camp	Emily Haller
Elisabeth Carlson	John Moore
Carlee Dunn	Lacy Rogers
Annika Erickson-Pearson	Caryn Shebowich



selected to the 2010
**COLORADO ALL STATE
ORCHESTRA**

Kelly Churchill	Kevin Matthews
Emily Haller	Ian Richtor
Emily Haskins	Andrew Ryan

selected to the 2010
**COLORADO ALL STATE
JAZZ BAND**



Andrew Ryan
Kevin Matthews (alternate)



selected to the 2010
**COLORADO ALL STATE
HONOR BAND**

Kelly Churchill	Tom Roberts
Grant Furry	Philip Strom
Emily Haller	Mark Weller
Madison Mann	Emily Haskins (alternate)
Kevin Matthews	

selected to the 2010
**UNIVERSITY OF COLORADO
HONOR BAND**

Kelly Churchill, Grant Furry, Melissa Merkel



SPECIAL CONGRATULATIONS TO ARAPAHOE SENIOR EMILY HALLER

for the honor of being selected to the
2010 Colorado All State Band, All State Choir and All State Orchestra.
Emily is the first Arapahoe student selected to all three in the same year!

WHAT AN ACCOMPLISHMENT!

NEWS FROM YOUR PTO PRESIDENT

A new year has come and with it a time of fresh beginnings and timely reflections. When reflecting on the last year, Arapahoe PTO celebrates the outstanding leadership present at all levels of Arapahoe High School. **Tremendous thanks are due to all the great teachers, administrators, and support staff at AHS.**

Furthermore, Arapahoe PTO would like to invite all in the community to attend our meetings scheduled for **February 10, March 10, and April 14!** We meet in the AHS Main Office Conference Room from 7am to 9am.

We will be taking nominations for the 2010-2011 PTO Board during the March meeting.

If you have any questions please feel free to contact **Kelly Perez at 303-794-2639.**

**Have a Brilliant Valentine's Day
Arapahoe Warriors!**

**Kelly Perez
Arapahoe PTO President**

Congratulations

**to Arapahoe junior Garrett Byrd
and seniors Connor Julien,
Philip Strom, and Kevin Rohde
for earning the Eagle Scout Award**

GARRETT BYRD whose Eagle Project benefited the Anchor Center for Blind Children **became an Eagle Scout with a Gold Palm.**

CONNOR JULIEN organized a collection of several thousand books that were donated to children at Highland Community Elementary School.

KEVIN ROHDE's Eagle Project benefited the Anchor Center for Blind Children.

PHILIP STROM's project benefited the Carson Nature Center.

These Eagle projects represent approximately 600 hours of volunteer labor and several thousand dollars of benefit to their chosen organizations.

NEWS FROM THE ARAPAHOE POST GRAD CENTER

The look of **Naviance** has changed. All of the information that was there before is still there, plus some additional information. Log on the same way you always have and look around to see how the information is organized now. As always, if you have any questions about accessing or using **Naviance**, please ask. See contact information below.

ITS FAFSA TIME! What is FAFSA?

It is the Free Application for Federal Student Aid. It is necessary for seniors and their parents to complete and submit a FAFSA to apply for federal student aid as well as most state and college aid.

Why do you need to file now?

Financial aid is awarded on a first come-first served basis. Submit your FAFSA **as soon as possible after January 1** of the year you are applying for financial aid.

What information do you need to be able to file a FAFSA?

Go to FAFSA's website: www.FAFSA.ed.gov. Download *FAFSA on the Web Worksheet*. You will find directions on the worksheet. Apply for your PIN (to sign the FAFSA electronically) **TODAY** if you do not already have one. Both student and parent will need a PIN. (We have a limited supply of *FAFSA on the Web Worksheets* in the Post Grad Center.)

Where can you get help, if you need it?

College Goal Sunday! What is College Goal Sunday?

- A one-day event on Sunday, February 21, from 2-4PM, **College Goal Sunday** is an opportunity for students and parents to get free help in filling out the Free Application for Federal Student Aid (FAFSA).

Why should you attend?

- To get free on-site professional assistance filling out the Free Application for Federal Student Aid (FAFSA) form.
- To talk to financial aid professionals about financial aid resources and how to apply.
- To get information about Colorado state-wide student services, admissions requirements and more.

Where is it held?

There are several locations in the metro Denver area. The closest to Arapahoe are the **Auraria Campus** at 900 Auraria Parkway in downtown Denver and **Community College of Aurora**. For more information or additional locations, go to www.collegegoalcolorado.org/.

Mrs. Jan Lewallen, Post Graduate Center Coordinator, and trained parent volunteers are available to assist you from 7:30AM to 2:30 PM or by appointment at 303-347-6089 or JKLewallen@lps.k12.co.us.

**NEWS FROM
AFTER PROM 2010!**

Believe it or not, but AFTERPROM is quickly approaching, and the Arapahoe High School PTO is seeking parent volunteers to assist with this most worthwhile event.

For the parents not familiar with After Prom, it is a fun filled party that is hosted at Arapahoe beginning at midnight following the Prom on May 8.

Every Arapahoe Junior and Senior can attend After Prom even if they do not go to the Prom.

Approximately 1,100 of our students will arrive at the school and once inside will not recognize the school as the place they have spent so much time at. The students are treated to a myriad of activities, including games, dancing, live professional entertainment, a casino and many other events too numerous to mention.

The food served is always a teen favorite and there is plenty of it! The evening culminates with all the students gathering in the AHS Gym for a raffle of numerous gifts donated, collected and purchased. Many of the students over the 25 years the PTO has hosted this party have commented that memories of the After Prom Party have outlasted those of the prom itself.

VOLUNTEERS NEEDED

We are once again seeking about 200 more parent volunteers to assist in the effort. Your involvement could be as little as four hours to as much time as you feel you can donate.

We are looking for:

- **Volunteers to help decorate on Friday, May 7**
- **Hall Chairs**—we supply volunteers, you just need to oversee the area.
- **Clean Up Crew** for the following morning (If you are an early riser....this is the position for you!!)

You don't need to have Junior or Senior students to participate.....everyone is welcome!

Any questions regarding After Prom and/or volunteering,
please contact **Julie Maes** at mrchristy@msn.com or
Carolyn Sutton at Rosebudd42@aol.com

**We promise you will not be sorry you volunteered.....Pay it forward in 2010
Thank you, The 2010 After Prom Committee at Arapahoe High School**

**ARAPAHOE HIGH SCHOOL
DATES TO REMEMBER
2009-2010**

Wednesday, February 3

Monday, February 15

Wednesday, February 24

Thursday, March 4

Friday, March 5

Monday, March 8-Thursday, March 11

Monday, March 22-Friday, March 26

Monday, March 29

Wednesday, April 7

Saturday, May 8

Friday, May 14

Monday, May 17

Tuesday, May 18-Wednesday, May 19

Thursday, May 20

Friday, May 21

PLC - Late Start Day

Presidents' Day – No School

PLC - Late Start Day

Parent/Teacher Conferences

No School

CSAP Testing

Spring Break – No School

Classes Resume

PLC - Late Start Day

Prom/After-Prom

Last Day for Seniors

Final Exams

Final Exams / Arena Scheduling

Graduation – No Classes

Final Exams/Arena Scheduling/**Last School Day**

THANK YOU

ARAPAHOE PARENTS!

A special thank you to **Dana Calkins** and the parents listed below. Many took time to donate delicious cookies and other home baked treats for the Arapahoe staff to enjoy before winter break. Along with baking over 1,000 holiday goodies many of these wonderful parents also baked the pumpkin breads the staff received before Thanksgiving and donated cans of soda for the LINK Freshmen Cramfest in December. **Thank you all, again!**

Diane McClymonds	Becky Newman	Jacquie Anderson	Pat Corder
Karen Brink	Mary Mathews	Rachael Leapley	Jean Oatman
Kathy Nelson	Melody Egge	Wendy Kent	Barbara Eulenstein
Connie Sullivan	Martha Priser	Melinda Pederson	Brenda Locke
Margaret Danuser	Cathy Strait	Maripat Sparks	Julie Kellogg
Lori Manzer	Andrea Frieson	Mary Morgan	Barb Gallant
Vicki Randash	Brenda Locke	Connie Davis	Kathleen Riley
Kathy Hedrick-Scheffler	Sue Ward	Becky Beall-Moore	Sheila Allen
Gina McMahan	Susan Wagner	Janice Harder	Becky Lattin
Lisa Redmond	Lynn Balkenbush	Linda Haefliger	Erin O'Brien
Lois Huston	Vicki Schrock	Vicki Randash	Anne Packer
Janet Hatstat	Tessie Meyer	Judi Piccone	Kelley Semin
Lora Louise Broady	Susan Harding	Sue Perkins	Robin Klein
Leslie Herndon	Judy Querry	Nancyanna Van Denver	Sarah Lampard
Yvette Larson	Becky Beans	Kelly Card	Willie Strain
Michelle Kapaun	Jan Sloboth	Jeanette Lymon	Pam Stingley
Cheryl Camp	Janet Robb	Patsy Lange	Patti Kemp
Shelly Humbach	Barb Tallant	Kelly Finnegan	Yvette Larson
Dawn Ives	Kim Feehs	Bonnie Simler	Donna Wade
Elizabeth Smart	Donna Farley-Wade	Diane Nelson	Janet McNulty
Susan Hall	Linda Stupke	Lisa Krantz	
D. D. Walsh	Maureen Shaffer	Jill Ohodnicki	
Carolyn Howey	Jenny Sutherland	Yara Fedde	



ART DEPARTMENT NEWS

ART CLUB NEWS

The AHS Art Club brought the holiday spirit to Littleton by sponsoring a needy family through the Littleton Housing Authority with Christmas gifts. Presents were wrapped with bright ribbons and bows and a merry time was had by a family in need...way to go Art Club! The Art Club will continue to meet every Monday in Room E11 from 2:30 until about 4:00...anyone that wants to make art is invited.

GUIRY'S STUDENT OF THE MONTH

Do you want to see an AMAZING hand-made lamp? (Yes...HAND-MADE!!!)

LANE GREAVES-SMITH designed, fabricated all of the parts, and assembled a working electric lamp with an Art Deco theme to it. You must stop in Guiry's and see this during the month of February... It's ILLUMINATING to see!

AHS STUDENT ARTISTS HONORED

The results are in for the regional winners from **Scholastics**, the state-wide art contest with over 3,500 individual pieces submitted from over 160 Colorado high schools with only 400 pieces of art work selected.

AUSTIN PIERPOINT received an Honorable mention for his graphite drawing. His piece will be on display at Rocky Mountain School of Art & Design in the Rotunda Building on the south side of the campus. Kudos to our student artist!

UPCOMING ART SHOWS

AHS student artists will have work on display at the following shows:

- **Feb. 2-25—LPS Secondary Bemis Library**
- **March 8-April 2—Curtis Youth Art Month K-12 Art Show**

Check it out...there'll be some terrific things to see.

SPRING SPORTS REGISTRATION

REGISTRATION WILL TAKE PLACE IN ROOM S-4

***BOYS & GIRLS TRACK
BASEBALL, BOYS SWIMMING
GIRLS TENNIS, SOCCER, GOLF***

***Tuesday, February 16—2:30 pm
Wednesday, February 17—2:30 pm
Thursday, February 18—2:30 pm***

Registration packets are available for pick up in the Athletic Office.

If this is your first sport for the 2009-2010 school year, you will need to complete the “long” registration form and an emergency card. Your physician will need to sign your registration card clearing you for practice. **Do not delay your registration process or it will hinder your participation in tryouts beginning Monday, February 22!**

If you participated in a Fall or Winter sport and your physical is current, please complete the “short form” as the Athletic Office has your physical on file.

There is a yearly \$135 per sport and a \$270 maximum District student athletic fee and a yearly \$405 maximum family District fee. This participation is separate and apart from any booster club fees and will be invoiced to the student thru the Arapahoe High School Bookkeeping Department each sport season. It will not be charged if the student athlete does not make the team, or if they choose not to participate prior to the first contest.

The LPS District Athletic Code of Conduct booklets are also available for pick up in the Athletic Office if you did not attend the Athletic Night in August.

If you have any questions, please contact the Athletic Office at 303-347-6021.



CHEER SPOT

Congratulations to our Arapahoe Warrior Varsity Cheers! They made it to finals at the 2009 CHSAA State Spirit Championships, held at the Denver Coliseum on Friday, December 4, 2009. The Cheers performed near flawless routines in both the prelims and the finals and earned the title of **2009 State Champions!** Thanks to our wonderful fans who came out to support our teams at the Denver Coliseum! Next stop is Nationals the weekend of February 13-14 at Disney World in Orlando, Florida!

Both the JV and Varsity Cheers are busy cheering for our winter sports teams! Come out and help them support Boys' and Girls' Basketball and Wrestling. The Cheers will also cheer for many JV and Varsity Girls Soccer home games this spring.

The Cheers and Toms hosted the 2010 Winter Dance—the AHS Winter Formal – *A Night in Lights* on Saturday, January 23, from 7-10 p.m. The dance, a “girls ask guys”, was very successful and fun for all!

The Cheers will wrap up their season with their banquet on February 24.

Tryouts for next year (2010-2011) will be in March, the week before spring break. Look for details in the next issue of the AHS Drumbeat.

Be sure to view the 2009-2010 Cheer accomplishments for both JV and Varsity at <http://www.arapahoecheerleading.com>

IMPORTANT DATES

UCA National Competition

February 11-15

Banquet

February 24

The Cheers are looking forward to supporting our Winter and Spring Sports teams!

GO WARRIORS!



BASEBALL NEWS

TRYOUTS—The 2010 campaign towards the Baseball State Championship starts with tryouts beginning Monday, February 22.

Please go to the Arapahoe Baseball website for up-to-the minute details on tryouts and everything you wanted to know about Arapahoe Baseball at www.arapahoebaseball.com

The boys of summer have been honing their skills during the off season lifting weights, position drills, and hitting. They all should hit the ground running when the season starts.

Check the schedule to come and support your Warrior Baseball Team!



NEWS FROM AHS GIRLS' TENNIS

Please mark your calendars for a **mandatory** tennis meeting on **Wednesday, March 10**, to be held **from 6:30 to 8:00 pm** in the Arapahoe Forum. We will be taking orders and sizes for uniforms and covering many subjects from schedules to the banquet for both Varsity and JV teams. Be sure to bring your checkbooks to this meeting, as we will be collecting money for uniforms and booster club fees.

Uniforms must be ordered on this day in order to get the team pricing and be delivered in 1-2 weeks of ordering.

Please direct any questions regarding this meeting to **Susie St. John at 303-773-2546.**

GOOD LUCK AT TRYOUTS!

ARAPAHOE LACROSSE NEWS

BOYS' LACROSSE

The 2010 Boys' Lacrosse Season has begun! It will be another exciting season of AHS Boys Lacrosse as we **defend our State Championship Title**. Please be sure to visit our website at www.ahslax.org for meeting information, try-out information and game schedules.

IMPORTANT DATES TO REMEMBER FOR TRYOUTS

- **Parent/Player Meeting on Monday, Feb. 8-7:00 p.m. in the AHS Cafeteria.** Very important information will be distributed regarding the try-out process and team details.
- **Boys' Lacrosse try-outs begin Monday, Feb. 22, after school** – please check the website for details.
- **Parent only post try-out meeting on Tuesday, March 2, at 7:00 p.m. in the AHS Cafeteria.** Important team information and volunteer opportunities to be determined at this meeting. Please mark your calendars and plan on attending for your player.

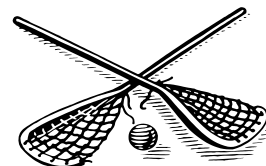
GO WARRIORS LACROSSE!!

GIRLS' LACROSSE

TRY-OUTS for the AHS Girls' Lacrosse Teams will be held on **Monday, February 22—Friday, February 26** at **Newton Middle School Field** **3:30-5:30 p.m. each day**

Any player interested in trying out that has not yet registered with the AHS Girls Lacrosse Program needs to contact **Lynn Balkenbush at bvi5@comcast.net or 303-843-9725.**

Please visit our website for all updates and schedules
ahslax.org





The Coffee Break

Deputy James Englert, School Resource Officer,
Arapahoe High School

WINTER DRIVING!!

It never fails, whenever it snows or the roads get icy, there is an increase in car crashes. Often the crashes involve cars and fixed objects, such as fences. I know we've already had a few months of winter driving, but I thought I would remind everyone of some simple helpful hints to make things easier and help you avoid a crash.

- Always use your seatbelt.
- Avoid driving fatigued.
- Make certain your tires are properly inflated.
- Keep your gas tank at least half full to avoid gas line freeze-up.
- Do not use cruise control when driving on any slippery surface.
- Always look and steer where you want to go.
- Accelerate and decelerate slowly.
- Following distance should be increased to 8 to 10 seconds.
- Don't stop on a hill.
- Don't power up hills. The extra speed on a snow covered road will cause your tires to spin.
- If you slide, turn the steering wheel into the slide, and don't try to correct until you've stopped sliding.

The most important advice I think I could give someone is just **SLOW DOWN!**

For more information go to www.aaapublicaffairs.com

If you have any questions or would just like to talk,
please feel free to contact me at the school.

jenglert@lps.k12.co.us
303-347-6086

